



Year 9 Curriculum Guide

Subject: **Physical Education**

Subject Leader: **Casandra Mckoy**

Method of assessment

Students will follow a progressive programme that will develop their knowledge over the year. Every student will be assessed formatively during each term and they will complete a summative assessment at the end of each half term. Every assessment will be done through practical work.

New Key Stage 3 curriculum method of assessment criteria:

AO1	AO2	AO3	AO4	AO5	AO6
Use of	Develop	Perform	Participation 1	Analyse	Participation 2
Tactics and strategies to overcome opponents in direct competition through team and individual	Develop Techniques and improve their performance in other competitive sports (for example, athletics and gymnastics)	Dances using advanced techniques within a range of dance styles.	Take part in outdoor activities which present intellectual and physical challenges. Be encouraged to work in a team, building in trust and developing skills to solve problems either individually or as a group	Performances and compare to previous ones and demonstrate improvement.	Take part in competitive sports and activities outside school through community sports links or clubs

Overview

Students will be exposed to a wide variety of sporting activities in Year 7. The pathways students encounter differs according to teaching groups.

	Autumn Term	Spring Term	Summer Term
1st half term	Basketball Develop competency in attacking and defensive play. Show an understanding and apply the rules, strategies and concepts of the sport.	Badminton Develop competency in attacking and defensive play, including court movement in modified games, singles and doubles match,	Athletics Demonstrate knowledge and concepts, principles and strategies as they apply to the performance of athletics. Show an understanding of the rules of the sport.
2nd half term	Volleyball Demonstrate basic skills and knowledge in volleyball using the basic skills of digging, volleying, serving and spiking. Apply simple tactics in modified games and drills.	Fitness Achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles and strategies.	Cricket Demonstrate the competency to play and apply the rules of the sport in modified games and full games.

Text Book/Reference/Resource guide:

<https://www.youtube.com/watch?v=zqnZli1EjSA>

<https://www.masterbadminton.com/badminton-basics.html>

<http://www.teachpe.com/sports-coaching/netball/netball-ball-skills/>